## What is Multiple Sclerosis?

ultiple Sclerosis is a disease IVI of the brain and spinal cord in which there is damage to the myelin sheath or blanket surrounding the nerve. Symptoms of the disease vary with each individual who has MS. Some of the symptoms include leg weakness, vision problems, bladder problems, fatigue and dizziness. These symptoms can mimic those of other diseases. Therefore, it is important that a neurologist determines an accurate diagnosis. Recently, use of new medications for treating the disease and its symptoms have significantly limited disability and the impact of the disease on daily life.

#### Nerve cell



Myelin Sheath: Cuffs of myelin (M) insulate fibers from the nerve cell that carries electrical signals.

The Allegheny District Chapter of the National Multiple Sclerosis Society is dedicated to serving people with MS and their families offering a variety of programs and services. The chapter is a non-profit organization supported entirely by voluntary contributions.

*The chapter supports the following:* 

- Information and Referral Services
- Support/Self Help Groups
- Publications
- Medical Equipment Loans
- Patient and Family Education
- Professional Education
- Recreation Programs
- Peer Counseling
- Social Services

National Multiple Sclerosis Society . . . One Thing People with MS Can Count On.

# Allegheny MS Treatment Center

In Partnership with

Allegheny District Chapter National Multiple Sclerosis Society



## Allegheny MS Treatment Center

The Allegheny MS Treatment Center was established in 1989, a partnership with the National Multiple Sclerosis Society was established in 1998. The Center strives to meet the challenges of each individual seen within our center. A multidisciplinary approach is used to provide comprehensive, compassionate and current care. Team conferences are held to evaluate and revise plans of care for follow-up services.

#### Address:

East Wing Office Building 420 East North Avenue Suite 206 Pittsburgh, PA 15212-4746

#### Clinic Hours:

Monday 8 a.m. to 1 p.m.

#### Clinical team members include:

- Board Certified Neurologist
- Registered Nurse
- Social Worker
- Physical Therapist
- Occupational Therapist
- Neuropsychologist

#### On-site services include:

- Diagnostic Evaluations and Testing
- Nursing Assessments
- Patient and Family Education
- Patient and Family Counseling
- Physical Therapy
- Occupational Therapy
- Research Opportunities
- MRI Scanning

## Other affiliations:

- Consortium of Multiple Sclerosis Centers
- ACTRIMS

### Thomas F. Scott, M.D.

#### Director

of the MS Treatment Center from its inception. He is an active member of the Allegheny District Multiple Sclerosis Clinical Advisory Committee. He is a speaker at many educational seminars sponsored by the chapter. He has published many articles and book chapters on multiple sclerosis. He also participates in research studies regarding MS.

# Carol P. Chieffe, R.N.

#### Nurse Clinician

arol has been with the center since 1996. She is an active member of the Allegheny District Multiple Sclerosis Clinical Advisory Committee. She is a speaker at many seminars and support groups sponsored by the chapter. Carol coordinates the current research studies at the clinic. She has published articles on MS and related symptoms.